Patient Name: ___________________

**Medications to Avoid**

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Alexander or the Anesthesiologist prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Alexander, the Anesthesiologist or the nursing staff.

**Aspirin Medications to Avoid**

**Affect blood clotting:**

- 4-Way Cold Tabs 5-
- Aminosalicylic Acid
- Acetilsalicylic Acid
- Actron
- Adprin-B products
- Aleve
- Alka-Seltzer products
- Amigesic Argesic-SA
- Anacin products
- Anexia w/Codeine
- Arthra-G
- Arthritis products
- Arthritis Foundation products
- Arthritis Pain Formula
- Arthritis Strength BC Powder
- Arthropan
- ASA
- Asacol
- Ascriptin products
- Aspegum
- Asprimox products
- Axotal
- Azdone
- Azulfidine products B-A-C
- Backache Maximum Strength Relief
- Bayer Products
- BC Powder
- Bismatrol products
- Buffered Aspirin
- Bufferin products
- Buffetts 11
- Buffex
- Butal/ASA/Caff
- Butalbital Compound
- Cama Arthritis Pain Reliever
- Carisoprodol Compound
- Cataflam
- Cheracol
- Choline Magnesium Trisalicylate
- Choline Salicylate
- Cope
- Coricidin
- Cortisone Medications
- Damason-P
- Darvon Compound-65
- Darvon/ASA
- Dipentum
- Disalcid
- Doan's products
- Dolobid
- Dristan
- Duragesic
- Easpirin
- Ecotrin products
- Empirin products
- Equagesic
- Etodolac
- Excedrin products
- Fiorgen PF
- Fiorinal products
- Flurbiprofen
- Gelpirin
- Genprin
- Gensan
- Goody's Extra Strength
- Headache Powders
- Halfprin products
- IBU
- Indomethacin products
- Isollyl Improved
- Kaodene
- Lanorinal
- Ibuprohm
- Lodine
- Lortab ASA
- Magan
- Magnaprin products
- Magnesium Salicylate
- Magsal
- Marnal
- Mefenamic Acid
- Meprobamate
- Mesalamine
- Methocarbarnol
- Micrarin
- Mobidin
- Mobigesic
- Momentum
- Mono-Gesic
- Motrin products
- Naprelan
- Naproxen
- Night-Time Effervescent Cold
- Norgesic products
- Norwich products
- Olsalazine
- Orphenegesic products
- Orudis products
- Oxycodone
- Pabalate products
- P-A-C
- Pain Reliever Tabs
- Panasal
- Pentasa
- Pepto-Bismol
- Percodan products
- Phenaphen/Codeine #3
- Pink Bismuth
- Piroxicam
- Propoxyphene Compound products
- Robaximal
- Rowasa
- Roxeprin
- Salato products
- Salflex
- Salicylate products
- Salsalate
- Salsitab
- Scot-Tussin Original 5-Action
- Sine-off
- Sinutab
- Sodium Salicylate
- Sodol Compound
- Soma Compound
- St. Joseph Aspirin
- Sulfasalazine
- Supac
- Suprax
- Synalgos-DC
- Talwin
- Triaminicin
- Tricosal
- Trilisate
- Tussalin DH
- Tussirex products
- Ursinus-Inlay
- Vanquish
- Wesprin
- Willow Bark products
- Zorprin

Patient Initials: ________
Ibuprofen Medications to Avoid
Affect blood clotting

- Acular (ophthalmic)
- Advil products
- Anaprox products
- Ansaid
- Clinoril
- Daypro
- Dimetapp Sinus
- Dristan Sinus
- Feldene
- Fenoprofen
- Genpro
- Haltran
- Indocin products
- Ketoprofen
- Ketorolac
- Ibufprofen
- Meclomen
- Menadol
- Midol-products
- Nabumetone
- Nalfon products
- Naprosyn products
- Naprox X
- Nuprin
- Ocufer (ophthalmic)
- Oruvail
- Oxaprozin
- Ponstel
- Profenal
- Relafen
- Rhinocaps Sine-Aid products
- Sulindac
- Suprofen
- Tolectin products
- Tolmetin Toradol
- Voltaren

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal
Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid
Intensify anesthesia, cardiovascular effects.

- Adapin
- Amitriptyline
- Amoxapine
- Anafranil
- Aserdine
- Aventyl
- Clomipramine
- Desipramine
- Doxepin
- Elavil
- Endep
- Etrafon products
- Imipramine
- Janimine
- Limbitrol products
- Ludiomil
- Maprotiline
- Norpramin
- Nortriptiline
- Pamol
- Pertofrane
- Protriptyline
- Sinequan
- Surmontil
- Tofranil
- Triavil
- Trimipramine
- Vivactil

Other Medication to Avoid: Affect blood clotting.

- 4-Way w/ Codeine
- A.C.A.
- A-A Compound
- Accutrim
- Actifen
- Anexsia
- Anisidione
- Anisidione
- Anturane
- Arthritis Bufferin
- BC Tablets
- Childrens Advil
- Clinoril C
- Contac
- Coumadin
- Dalteparin injection
- Dicumerol
- Dipyridamole
- Doxycycline
- Emargin
- Enoxaparin injection
- Flagyl
- Fragmin injection
- Furadantin
- Garlic
- Heparin
- Hydrocortisone
- Isolly
- Lovenox injection
- Macrodermatin
- Mellaril
- Miradon
- Opasal
- Pan-PAC
- Pentoxifylline
- Persantine
- Phenylpropanolamine
- Prednisone
- Protriptyline
- Pyroxate
- Ru-Tuss
- Salatin
- Sinex
- Sofarin
- Soltice
- Sparine
- Stelazine
- Sulfinpyrazone
- Tenuate
- Tenuate Dospan
- Thorazine
- Ticid
- Ticlopidine
- Trenal
- Ursinus
- Virbamycin
- Vitamin E
- Warfarin

Patient Name:__________________

Patient Initials:______
Salicylate Medications, Foods & Beverages to Avoid
Affect blood clotting

Amigesic (salsalate)  
Disalcid (salsalate)  
Doan's (magnesium salicylate)  
Dolobid (diflunisal)  
Magsal  
Pamprin (Maximum Pain Relief)  
Mobigesic  
Pabalate  
Pepto-Bismol (bismuth subsalicylate)  
Salflex (salsalate)  
Salsalate  
Salsitab (salsalate)

Almonds  
Apples  
Apricots  
Blackberries  
Boysenberries  
Cherries  
Chinese Black Beans  
Cucumbers  
Currants  
Garlic  
Ginger  
Grapes  
Pickles  
Prunes  
Raspberries  
Strawberries  
Tomatoes  
Wine  
Trilisate (choline salicylate + magnesium salicylate)

Vitamins and Herbs to Avoid
Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit  
Alfalfa  
Aloe  
Argimomy  
Barley  
Bilberry  
Bitter melon  
Burdock root  
Carrot oil  
Cayenne  
Chamomile  
Chromium  
Coriander  
Dandelion root  
Devil's club  
Dong Quai root  
Echinacea  
Ephedra  
Eucalyptus  
Fenugreek seeds  
Feverfew  
Fo-ti  
Garlic  
Ginger  
Gingko  
Gingko biloba  
Ginseng  
Gmena  
Goldenseal  
Gotu Kola  
Grape seed  
Guarana  
Guayusa  
Hawthorn  
Horse Chestnut  
Juniper  
Kava Kava  
Lavender  
Lemon verbena  
Licorice root  
Ma Huang  
Melatonin  
Muwort  
Nem seed oil  
Onions  
Papaya  
Periwinkle  
Selenium  
St. John's Wort  
Valerian/Valerian Root  
"The natural Viagra®"  
Vitamin E  
Willow bark  
Yellow root  
Yohimbe

Patient Initials:______