



Patient Name: _____

Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Alexander or the Anesthesiologist prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Alexander, the Anesthesiologist or the nursing staff.

Aspirin Medications to Avoid

Affect blood clotting:

4-Way Cold Tabs 5-	Cama Arthritis Pain	Isollyl Improved	Percodan products
Aminosaliclyic Acid	Reliever	Kaodene	Phenaphen/Codeine #3
Acetilsaliclyic Acid	Carisoprodol Compound	Lanorinal	Pink Bismuth
Actron	Cataflam	Ibuprohm	Piroxicam
Adprin-B products	Cheracol	Lodine	Propoxyphene Compound
Aleve	Choline Magnesium	Lortab ASA	products
Alka-Seltzer products	Trisaliclylate	Magan	Robaxisal
Amigesic Argesic-SA	Choline Salicylate	Magnaprin products	Rowasa
Anacin products	Cope	Magnesium Salicylate	Roxeprin
Anexsia w/Codeine	Coricidin	Magsal	Saleto products
Arthra-G	Cortisone Medications	Marnal	Salflex
Arthriten products	Damason-P	Marthritic	Salicylate products
Arthritis Foundation	Darvon Compound-65	Mefenamic Acid	Salsalate
products	Darvon/ASA	Meproamate	Salsitab
Arthritis Pain Formula	Diclofenac	Mesalamine	Scot-Tussin Original 5-
Arthritis Strength BC	Dipenturn	Methocarbarnol	Action
Powder	Disalcid	Micrainin	Sine-off
Arthropan	Doan's products	Mobidin	Sinutab
ASA	Dolobid	Mobigesic	Sodium Salicylate
Asacol	Dristan	Momentum	Sodol Compound
Ascriptin products	Duragesic	Mono-Gesic	Soma Compound
Aspergum	Easprin	Motrin products	St. Joseph Aspirin
Asprimox products	Ecotrin products	Naprelan	Sulfasalazine
Axotal	Empirin products	Naproxen	Supac
Azdone	Equagesic	Night-Time Effervescent	Suprax
Azulfidine products B-	Etodolac	Cold	Synalgos-DC
A-C	Excedrin products	Norgesic products	Talwin
Backache Maximum	Fiorgen PF	Norwich products	Triaminicin
Strength Relief	Fiorinal products	Olsalazine	Tricosal
Bayer Products	Flurbiprofen	Orphengesic products	Trilisate
BC Powder	Gelpirin	Orudis products	Tussanil DH
Bismatrol products	Genprin	Oxycodonc	Tussirex products
Buffered Aspirin	Gensan	Pabalate products	Ursinus-Inlay
Bufferin products	Goody's Extra Strength	P-A-C	Vanquish
Buffetts 11	Headache Powders	Pain Reliever Tabs	Wesprin
Buffex	Halfprin products	Panasal	Willow Bark products
Butal/ASA/Caff	IBU	Pentasa	Zorprin
Butalbital Compound	Indomethacin products	Pepto-Bismol	

Patient Initials: _____



DR. TIMOTHY ALEXANDER
FELLOW OF THE ROYAL COLLEGE OF SURGEONS
PLASTIC SURGERY

Patient Name: _____

**Ibuprofen Medications to Avoid
Affect blood clotting**

- | | | | |
|---------------------|------------------|---------------------|------------------|
| Acular (ophthalmic) | Haltran | Nabumetone | Rhinocaps Sine- |
| Advil products | Indochron E-R | Nalfon products | Aid products |
| Anaprox products | Indocin products | Naprosyn products | Sulindac |
| Ansaid | Ketoprofen | Naprox X | Suprofen |
| Clinoril | Ketorolac | Nuprin | Tolectin |
| Daypro | Ibuprin | Ocufen (ophthalmic) | products |
| Dimetapp Sinus | Ibuprofen | Oruvail | Tolmetin Toradol |
| Dristan Sinus | Meclofenamate | Oxaprozin | Voltaren |
| Feldene | Meclomen | Ponstel | |
| Fenoprofen | Menadol | Profenal | |
| Genpril | Midol-products | Relafen | |

**Avoid ALL Diet Aids – Including Over-the-Counter & Herbal
Intensify anesthesia, serious cardiovascular effects.**

**Tricyclic Antidepressants to Avoid
Intensify anesthesia, cardiovascular effects.**

- | | | | |
|---------------|--------------------|---------------|--------------|
| Adapin | Doxepin | Maprotiline | Tofranil |
| Amitriptyline | Elavil | Norpramin | Triavil |
| Amoxapine | Endep | Nortriptyline | Trimipramine |
| Anafranil | Etrafon products | Pamelor | Vivactil |
| Asendin | Imipramine | Pertofrane | |
| Aventyl | Janimine | Protriptyline | |
| Clomipramine | Limbitrol products | Sinequan | |
| Desipramine | Ludiomil | Surmontil | |

Other Medication to Avoid: Affect blood clotting.

- | | | | |
|----------------------|----------------------|---------------------|----------------|
| 4-Way w/ Codeine | Dicumerol | Miradon | Stelazine |
| A.C.A. | Dipyridamole | Opasal | Sulfipyrazone |
| A-A Compound | Doxycycline | Pan-PAC | Tenuate |
| Accutrim | Emagrin | Pentoxyfylline | Tenuate Dospan |
| Actifed | Enoxaparin injection | Persantine | Thorazine |
| Anexsia | Flagyl | Phenylpropanolamine | Ticlid |
| Anisindione | Fragmin injection | Prednisone | Ticlopidine |
| Anturane | Furadantin | Protarnine | Trental |
| Arthritis Bufferin | Garlic | Pyroxate | Ursinus |
| BC Tablets | Heparin | Ru-Tuss | Virbamycin |
| Childrens Advil | Hydrocortisone | Salatin | Vitamin E |
| Clinoril C | Isollyl | Sinex | Warfarin |
| Contac | Lovenox injection | Sofarin | |
| Coumadin | Macrochantin | Soltice | |
| Dalteparin injection | Mellaril | Sparine | |

Patient Initials: _____



Patient Name: _____

**Salicylate Medications, Foods & Beverages to Avoid
Affect blood clotting**

- | | | |
|--------------------------------------|---------------------|---|
| Amigesic (salsalate) | Almonds | Pickles |
| Disalcid (salsalate) | Apples | Prunes |
| Doan's (magnesium salicylate) | Apricots | Raspberries |
| Dolobid (diflunisal) | Blackberries | Strawberries |
| Magsal | Boysenberries | Tomatoes |
| Pamprin (Maximum Pain Relief) | Cherries | Wine |
| Mobigesic | Chinese Black Beans | Trilisate (choline salicylate + magnesium salicylate) |
| Pabalate | Cucumbers | |
| Pepto-Bismol (bismuth subsalicylate) | Currants | |
| Salflex (salsalate) | Garlic | |
| Salsalate | Ginger | |
| Salsitab (salsalate) | Grapes | |

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

- | | | | |
|----------------|-----------------|----------------|------------------------|
| Ackee fruit | Devil's club | Goldenseal | Muwort |
| Alfalfa | Dong Quai root | Gotu Kola | Nem seed oil |
| Aloe | Echinacea | Grape seed | Onions |
| Argimomy | Ephedra | Guarana | Papaya |
| Barley | Eucalyptus | Guayusa | Periwinkle |
| Bilberry | Fenugreek seeds | Hawthorn | Selenium |
| Bitter melon | Feverfew | Horse Chestnut | St. John's Wort |
| Burdock root | Fo-ti | Juniper | Valerian/Valerian Root |
| Carrot oil | Garlic | Kava Kava | "The natural Viagra®" |
| Cayenne | Ginger | Lavender | Vitamin E |
| Chamomile | Gingko | Lemon verbena | Willow bark |
| Chromium | Gingko biloba | Licorice root | Yellow root |
| Coriander | Ginseng | Ma Huang | Yohimbe |
| Dandelion root | Gmena | Melatonin | |

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